

Adult Protective Services: 1 (855) 444-3911

Investigates claims of abuse, neglect and exploitation against adults

Boy's Town National Hotline: 1-800-488-3000 or text VOICE to 20121

Resource line for children and adults on topics like bullying, depression, and abuse

CHAAT Program: (810) 249-0820

Sets up a free, once a week friendly call to check up and chat with a senior citizen

Childhelp USA's Child Abuse Hotline: 1-800-422-4453 (Call or Text)

Offers Crisis Intervention, Information and Referrals to Support Services

Crisis Text Line: Text FLINT to 741741

Access to a live crisis counselor via text, who will help create a safety plan

Food Bank of Eastern Michigan SNAP Assistance: (810) 931-3234

Provides help applying for SNAP benefits

Genesee Health System Emergency Hotline: (810) 257-3740 / (877) 346-3648

Provides help for those who are having a mental health emergency

Legal Services of Eastern Michigan: 1-800-322-4512

Delivers free civil legal assistance to those living in poverty

LGBT National Hotline

Youth: 1 (888) 843-4564 All Ages: 1 (888) 843-4564 Seniors: 1 (888) 234-7243

Provides a confidential space where callers can speak about LGBT issues/concerns

Michigan 2-1-1: Call 211 or (844) 875-9211, or text your zip code to 898211

Connects residents with thousands of agencies and resources quickly and easily.

Includes: Food pantry listings and information on homeless shelters.

National Alliance for Mental Illness: 1-800-950-6264

Provides information, resources and support to those living with a mental health condition.

National Domestic Violence Hotline: 1-800-799-7233 or Text START to 88788

Provides tools and support to victims and survivors of domestic violence

National Suicide Prevention Lifeline: 1-800-273-8255

A trained crisis worker will listen, provide support and get you the help you need.

RAINN – National Sexual Assault Hotline: 1-800-656-4673

A RAINN support specialist will listen, provide resources and legal information

Veterans Crisis Line: 1-800-273-8255 or Text 838255

Provides support from a responder with the Department of Veterans Affairs.