

Hotlines and Helplines

Boys Town National Hotline

A 24-hour crisis, resource and referral line available for both children and parents that handles questions or issues on a number of topics, including: bullying, abuse, depression, running away and substance abuse. Available in English and Spanish, with a translation service for other languages.

<http://www.boystown.org/hotline/Pages/default.aspx>

1-800-488-3000

Childhelp USA - Child Abuse Hotline

A hotline staffed by professional crisis intervention counselors that offers crisis intervention, information, and referrals to support services. The calls are confidential and anonymous.

<https://www.childhelp.org/hotline>

1-800-422-4453

Crisis Text Line

Provides access to a live, trained crisis counselor via text messages. The counselor will text back asking about your crisis and help to create a safety plan.

<https://www.crisistextline.org>

Text 741-741

Equality Michigan - LGBTQ and/or HIV+ Support Line

Equality Michigan has a non-crisis support line put in place to provide services to LGBTQ and HIV+ survivors. The number can also be used to report incidents of hate crimes, sexual assault, discrimination and other crimes.

<https://equalitymi.org>

1-866-962-1147

Food Stamp Helpline

Provided by the Center for Civil Justice, the Food Stamp Helpline provides information on eligibility and referrals to nutrition programs, including the food stamp program. The service is available Monday-Friday 9am-5pm, and callers are asked to have their proof of income ready when calling.

<http://www.ccj-mi.org>

(810) 244-8044



List of Resources for Genesee County Residents

Genesee Health System Emergency Hotline

The Genesee Health System Hotline is in place to help with any mental health emergency. Whether a situation is an emergency or not is up to the person making the call, and GHS encourages anyone who feels that they are having a mental health emergency to call.

<http://www.genhs.org/Services/Crisis-and-Access-Services>

(810) 257-3740. Toll free: (877) 346-3648

Legal Hotline for Michigan Seniors

Those who are age 60 or older, or authorized caregivers, can obtain personal legal advice over the telephone on topics including Social Security, Medicare, Housing, Wills/Probate and consumer law.

There is no charge for using the hotline, and is available Monday - Thursday from 9am to 3pm.

<http://www.elderlawofmi.org/legal-hotline>

1-800-347-5297

National Suicide Prevention Lifeline

The Lifeline provides free and confidential calls 24/7. A trained crisis worker at a local Lifeline network crisis center will listen, provide support, and get you the help that you need.

<https://suicidepreventionlifeline.org>

1-800-273-8255